

Boys	2019	4	3	2	1	Y10-11	National	4	3	2	1	Y12-13	National	4	3	2	1	
Y8-9	National	Entry	County	District	School	Y10-11	National	Entry	County	District	School	Y12-13	National	Entry	County	District	School	
100	11.40	11.70	12.30	12.70	13.00	100	11.00	11.20	11.70	12.00	12.30	100	10.80	11.00	11.50	12.00	12.20	
200	23.30	23.80	24.80	25.60	27.00	200	22.20	22.70	23.70	24.40	26.00	200	21.90	22.20	23.30	24.50	25.20	
300	36.80	37.80	40.00	42.50	45.00	400	49.50	51.10	53.40	55.80	59.00	400	48.80	49.50	52.50	55.00	57.00	
800	2.02	2.04	2.13	2.19	2.27	800	1.55	1.57	2.05	2.11	2.20	800	1.52	1.54	2.02	2.09	2.15	
1500	4.13	4.20	4.36	4.46	5.05	1500	4.03	4.06	4.20	4.34	4.55	1500	3.55	3.58	4.15	4.30	4.45	
100h@84cm	11.60	12.00	12.90	13.90	15.00	100h	13.60	14.00	15.00	16.00	17.00	110h	14.60	15.30	17.50	18.50	19.50	
						400h	56.50	58.50	64.00	68.00	72.00	400h	55.00	57.20	64.00	68.00	72.00	
						1500SC	4.32	4.40	5.05	5.20	5.55	2000SC	6.08	6.16	6.50	7.15	7.40	
4x100	45.60	47.50	49.40	51.20	53.50	4x100	43.60	45.00	46.60	47.80	50.00	4x100	43.50	44.50	45.30	47.20	49.00	
HJ	1.78	1.72	1.60	1.50	1.45	HJ	1.96	1.90	1.70	1.60	1.50	HJ	2.01	1.95	1.83	1.70	1.60	
PV	3.30	3.00	2.30	2.10	2.00	PV	4.20	3.90	3.10	2.65	2.30	PV	4.50	4.20	3.30	2.85	2.50	
LJ	5.95	5.80	5.45	5.05	4.70	LJ	6.80	6.40	5.80	5.50	5.30	LJ	6.80	6.70	5.80	5.50	5.10	
TJ	12.40	12.00	11.45	10.85	10.25	TJ	13.70	13.20	12.50	11.70	11.30	TJ	14.20	13.70	12.00	11.00	10.00	
SP	13.30	12.30	11.20	10.15	9.40	SP	14.20	13.20	11.90	10.65	10.00	SP	13.70	12.80	10.50	9.50	8.50	
DT	38.00	35.00	30.50	26.50	23.00	DT	44.00	41.00	34.00	29.00	26.00	DT	46.00	40.00	34.00	29.00	25.00	
JT	47.00	44.00	39.00	33.50	30.00	JT	54.00	52.00	45.00	39.00	36.00	JT	56.00	52.00	46.00	39.00	35.00	
HT	45.00	38.00	31.00	25.00	21.00	HT	56.00	50.00	37.00	28.00	25.00	HT	58.00	52.00	39.00	31.00	26.00	
Girls																		
100	12.40	12.70	13.30	13.80	14.20	100	12.20	12.50	13.00	13.60	14.10	100	12.10	12.40	13.00	13.60	14.10	
200	25.50	26.20	27.60	29.20	30.80	200	25.10	25.80	26.80	27.50	29.50	200	25.10	25.80	26.80	27.50	29.00	
300	41.00	42.00	45.80	48.50	51.00	300	40.10	41.00	44.80	47.50	50.00	400	57.00	58.30	62.00	65.00	69.00	
800	2.15	2.19	2.29	2.37	2.50	800	2.13	2.16	2.25	2.36	2.47	800	2.12	2.15	2.25	2.36	2.47	
1500	4.40	4.48	5.10	5.24	5.55	1500	4.39	4.45	5.04	5.24	5.50	1500	4.36	4.42	5.00	5.15	5.40	
						3000	10.10	10.20	10.50	11.30	12.10	3000	10.06	10.16	10.48	11.26	12.08	
75h	11.40	11.70	12.80	13.40	14.10	80h	11.60	12.00	13.00	14.00	15.00	100h	14.60	15.20	16.50	19.50	20.50	
						300h	45.00	46.40	50.00	55.00	60.00	400h	64.00	66.00	69.50	75.00	80.00	
						1500mSC	5.13	5.23	5.50	6.10	6.30	1500SC	5.10	5.17	5.45	6.00		
4x100	50.00	52.00	53.40	55.40	58.00	4x100	48.20	50.20	52.40	54.20	57.00	4x100	49.00	50.00	52.00	54.00	57.00	
HJ	1.65	1.59	1.45	1.40	1.30	HJ	1.70	1.64	1.50	1.45	1.35	HJ	1.72	1.66	1.55	1.45	1.35	
PV	3.00	2.70	2.00	1.80	1.70	PV	3.40	3.10	2.35	2.05	1.80	PV	3.50	3.20	2.80	2.50	2.00	
LJ	5.25	5.15	4.70	4.40	4.10	LJ	5.50	5.35	4.80	4.45	4.20	LJ	5.60	5.40	4.85	4.45	4.20	
						TJ	11.20	10.90	10.00	9.20	8.60	TJ	11.40	11.10	9.50	9.00	8.20	
SP	11.20	10.60	9.25	8.25	7.00	SP	12.70	11.60	10.00	8.70	7.75	SP	11.40	10.50	8.85	7.65	6.70	
DT	30.00	27.00	23.00	20.50	18.00	DT	37.00	33.00	27.00	23.00	20.00	DT	39.00	36.00	29.00	23.00	20.00	
JT	36.00	33.00	27.50	24.50	21.00	JT	41.00	38.00	33.00	28.00	24.00	JT	40.00	37.00	32.00	25.00	21.00	
HT	42.00	36.00	30.00	26.00	22.00	HT	53.00	48.00	36.00	30.00	23.00	HT	47.00	43.00	31.00	25.00	20.00	

4
county athletes can be selected for the team. Only 32 county athletes can be selected for the

3
Athletes at this standard are considered for the SW champs

2
Athletes at this standard are considered for the COUNTY champs

1
Athletes at this level are considered for the DISTRICT TRIALS

Boys 2015																	
Y8-9	National	Entry	County	District	School	Y10-11	National	Entry	County	District	School	Y12-13	National	Entry	County	District	School
100	11.40	11.70	12.30	12.70	13.00	100	11.00	11.20	11.70	12.00	12.30	100	10.90	11.10	11.50	11.90	12.20
200	23.30	24.00	25.30	26.00	27.00	200	22.30	22.80	24.00	24.80	26.00 *	200	21.90	22.20	23.30	24.50	25.20
300	36.80	38.80	40.00	42.50	45.00												
						400	49.50	51.10	53.40	55.80	59.00	400	48.80	49.50	52.50	55.00	57.00
800	2.03	2.06	2.13	2.19	2.27	800	1.56	1.58	2.05	2.11	2.20 *	800	1.53	1.54	2.02	2.09	2.15
1500	4.15	4.22	4.36	4.46	5.05	1500	4.03	4.07	4.20	4.34	4.55 *	1500	3.55	3.58	4.15	4.30	4.45
						3000	8.50	8.59	9.30	10.05	10.45	3000	8.33	8.36	9.20	9.50	10.30
80h @84cm	11.60	12.00	12.90	13.90	15.00	100h	13.60	14.20	15.00	16.00	17.00	110h	14.70	15.20	16.20	17.50	19.50
						400h	56.20	58.00	60.50	64.50	70.00	400h	55.00	56.20	59.50	64.00	69.00
						1500SC	4.30	4.36	4.58	5.16	5.55	2000SC	6.04	6.10	6.30	7.10	7.40
4x100	45.60	47.50	49.40	51.20	53.50	4x100	43.60	45.00	46.60	47.80	50.00	4x100	43.50	44.50	45.30	47.20	49.00
HJ	1.78	1.72	1.60	1.50	1.45	HJ	1.96	1.90	1.75	1.65	1.55	HJ	2.00	1.94	1.83	1.70	1.60
* PV	3.35	3.05	2.55	2.20	2.00 *	PV	4.20	3.90	3.10	2.65	2.30 *	PV	4.50	4.20	3.30	2.85	2.50
LJ	5.95	5.80	5.45	5.05	4.70	LJ	6.60	6.40	6.00	5.60	5.30	LJ	6.90	6.80	6.25	5.75	5.40
TJ	12.40	12.00	11.45	10.85	10.25	TJ	13.70	13.20	12.50	11.70	11.30	TJ	14.40	13.90	12.85	12.10	11.45
SP	13.30	12.30	11.20	10.15	9.40	SP	14.20	13.20	11.90	10.65	10.00	SP	14.10	13.00	11.50	10.10	9.30
DT	38.00	34.00	30.50	26.50	23.00	DT	44.00	41.00	34.00	29.00	26.00	DT	46.00	40.00	34.00	29.00	25.00
JT	46.00	43.00	39.00	33.50	30.00	JT	54.00	52.00	45.00	39.00	36.00	JT	56.00	52.00	46.00	39.00	35.00
HT	45.00	38.00	31.00	25.00	21.00	HT	56.00	50.00	37.00	28.00	25.00 *	HT	57.00	52.00	39.00	31.00	26.00
* Girls 100	12.50	12.80	13.30	13.80	14.20	100	12.30	12.60	13.00	13.60	14.10	100	12.20	12.50	13.00	13.60	14.10
* 200	25.50	26.30	27.60	29.20	30.80	200	25.20	26.00	27.00	28.60	29.70	200	25.00	25.80	26.50	28.60	29.70
						300	40.50	41.40	44.80	47.50	50.00	400	57.00	58.80	61.00	67.50	71.50
* 800	2.15	2.19	2.29	2.37	2.50	800	2.13	2.18	2.25	2.36	2.47	800	2.12	2.16	2.25	2.36	2.47
1500	4.40	4.50	5.10	5.24	5.55	1500	4.39	4.45	5.04	5.24	5.50	1500	4.36	4.44	5.00	5.24	5.50
						3000	10.10	10.22	10.50	11.30	12.10	3000	10.06	10.18	10.48	11.26	12.08
75h	11.50	11.80	12.80	13.40	14.10	80h	11.70	12.10	13.00	14.00	15.00	100h	14.60	15.20	16.50	19.50	20.50
						300h	45.00	46.80	50.00	55.00	60.00	400h	64.50	66.00	69.50	75.00	80.00
						* 1500mSC	5.15	5.25				* 1500SC	5.12	5.20	5.45	6.00	
4x100	50.50	52.00	53.40	55.40	58.00	4x100	49.20	50.20	52.40	54.20	57.00	4x100	49.00	50.00	52.00	54.00	57.00
HJ	1.63	1.57	1.45	1.36	1.30	HJ	1.68	1.62	1.52	1.41	1.35	HJ	1.72	1.66	1.55	1.45	1.35
* PV	3.05	2.75	2.25	1.95	1.75 *	PV	3.35	3.05	2.35	2.05	1.80 *	PV	3.35	3.05	2.45	2.15	1.90
LJ	5.20	5.05	4.65	4.40	4.10	LJ	5.50	5.25	4.80	4.45	4.20	LJ	5.60	5.40	4.85	4.45	4.20
						TJ	11.20	10.80	10.00	9.20	8.60	TJ	11.40	11.00	9.50	9.00	8.20
* SP	11.20	10.60	9.25	8.25	7.00 *	SP	12.50	11.00	10.00	9.00	7.75	SP	11.40	10.50	8.85	7.65	6.70
DT	30.00	27.00	23.00	20.50	18.00	DT	36.00	33.00	27.00	23.00	20.00	DT	39.00	36.00	29.00	23.00	20.00
* JT	36.00	33.00	27.50	24.50	21.00	JT	40.00	37.00	33.00	28.00	24.00	JT	40.00	37.00	32.00	25.00	21.00

HT 39.00 34.00 30.00 26.00 22.00 *

HT 48.00 41.00 36.00 30.00 23.00

HT 44.00 38.00 31.00 25.00 20.00

Pent'Ion 2900pts

Hept'Ion 4250pts

* Hept'Ion 4400pts