- 1. Apologies: : Elliot Prince Cheltenham & CO H, Steve and Lynn Hudson, Ian Cutler Acting Club Secretary Stroud & District AC, Derrick Lord Cheltenham & CO H, Pauline Tilsbury RSE
- 2. Present: Ruth Fulford Cirencester T & R Club, Andrew Kaighan Cheltenham & CO H, Alan Robertson FODAC, John Rodgers CC Sec., Phil Jeyes Road Race series Co-ordinator, Elizabeth Anthony Angels RC, Arthur Daley Chair.

	Agenda item	Action by
3. T	The treasurer's report was accepted.	Rachel to update the
		profit/loss account to
		include the cost of medals.
	The Cross Country secretary's proposals for dates,	John to continue with
	venues and entry fees for the league and county	current proposals and set up
C	championships approved. (see page 4)	entry on entrycentral.com
		Club secretaries and cross
		country coaches to inform
		members.
		Arthur to update website.
	FODAC is likely to be able to host a CC League	Alan and John to liaise.
	meeting in the 2023/4 season.	
	Cheltenham are proposing to promote a cross	Andrew to continue to liaise
	country relay possibly on Oct 30 rather than the	with Arthur; Arthur to buy
	nitially proposed date of 16 Oct. This could	medals if the event is
	nowever be postponed until 2023 if the landowner	happening this season.
	delays permission.	
	This will be a GAAA Championship.	Phil to continue to work
	The proposed road races for the 2023 season Road	with clubs to confirm dates
	Race series and championships were approved.	
(	see page 3)	and publicise when appropriate on the website
8. T	The date of the 2022 Awards evening was agreed	Phil to book all the facilities
	as Jan 20 <sup>th</sup> 2023.	and people.
-	GAAA Track and Field Championships agreed as:	Arthur or the working group
	Part 1 April 29 or 30 <sup>th</sup> 2023 at Blackbridge,	to provisionally book subject
	Gloucester.	to UKA fixture list whenever
1	Part 2 May 13 <sup>th</sup> or 14 <sup>th</sup> at Blackbridge, Gloucester.	it is published. Club
	Part 3 Friday Sept 8 <sup>th</sup> at Prince of Wales Stadium,	secretaries and track and
	Cheltenham.	field coaches to inform
		athletes.
E	Entries to close 10 days before the event.	Rachel to set up on sports-
		soft website in early spring.
		, . 3
F	Relays to remain in the appropriate parts with	Working group.
	petter publicity and possibly not at the end of the	
r	meeting. Timing of events will be reviewed. Heats	
	and finals will be held if necessary.	
	·	
	The AGM will be held at the Gala Club on	Arthur to book the Gala
N	November 11 <sup>th</sup>	Club.

Rachel, Phil and John are willing to stand again.	
11. Clubs will be invited to submit nominations for the Associations Awards. These are: Tony Lancaster Memorial Shield GAAA Athletic Achievement Award Bob Hussey Memorial Shield (see page 5)	Albert Gardiner, Secretary, to circulate details and collate nominations.  Club secretaries to circulate within their club and committees.

With just two races left in this year's series, the series list for 2023 is being drafted for review.

Date *		Race	Host (club)
Jan		Linda Franks Race (5 miles)	Almost Athletes
Jan		Staverton 10	CLC Striders
Mar		Gloucester 20	Gloucester AC
May/Jun		Stroud Beer Race (7.2 miles)	Stroud & District AC
Jun		Cirencester 10k	Cirencester AC
Jun	CC	Bourton Hilly Half	<b>Bourton Roadrunners</b>
Jul	CC	Bourton One Mile	<b>Bourton Roadrunners</b>
Aug		Bugatti 10k	Almost Athletes
Aug	CC	Haresfield 5k	Gloucester AC
Sep	CC	Angels 10k	Angels RC
Nov		Guy Fawkes 5 mile	Tewkesbury Running Club

<sup>\*</sup> dates are to be confirmed

- The Gloucester 20 was cancelled in 2022 due to ongoing road works and the Berkeley 20 replaced it. This may be an option for 2023 if the Gloucester 20 cannot be held.
- The Bourton One Mile has been taken on by Bourton Roadrunners after Norm & Ali Lane stepped back (many thanks to them for their commitment to this until now).
- Gloucester AC took on a 5k event and this is included in the 2023 draft.
- An additional 10k is required to complete the series. Ideally this would be in April the closest event to this would be the Berkeley 10k, in early / mid-May.
- This leaves the Fairford / Cirencester 10k (June) and Haresfield / Bugatti 10k (August) alternating.
- We should consider booking a venue, and confirming a date, for the awards evening. I intend to reach out and request a Friday evening in January at the Civic Suite in Gloucester, as before.

Philip Jeyes

# GLOUCESTERSHIRE CROSS COUNTRY LEAGUE 2022-3

#### **FIXTURES**

Round 1 Cirencester Park Sat 5th Nov (hosted by Running Somewhere Else)

Round 2 Milton End Arlingham Sat 10 December (Stroud AC & Dursley RC)

Round 3 Pittville Park Cheltenham Sun 19th February (Chelt Harriers)

Round 4 Over Farm Sun 5th March (Gloucester AC)

The league is a series of four fixtures with medals for the season's top three in all age groups presented at the last fixture. (Score is based upon lowest three positions out of four races and running totals are published after each round). Your age group will be based upon the date of birth declared on the form. The rules for age groups are available to view on the Athletics4u website under the Cross Country tab downloads. Additionally the MV65+ may opt to run in the shorter distance Senior Female race or run as M60+ in the longer male race.

Round one at Cirencester Park offers refreshments, tent space, toilets and parking but no changing.

The approximate timetable will be:-

10.45 u11Boys and girls

11.05 u13 Boys and girls

11.30 u15 Boys and girls

12.30 u17 men and women /u20 women/senior women/masters/ men over 65

13.30 u20 Men/ senior men /masters

The league races are open to individual runners and teams from outside Gloucestershire AAA. In junior races, where boys and girls run together, separate finish lists are published and medals are awarded for each group.

Price: £10 for seniors and £5 for u20 and juniors (Price should discount when you click the junior age group question). Additionally there is a generously discounted scheme for clubs/teams offering all four races at £25 senior/master £12 young athlete per runner. Runners must be nominated with full details to the scorer before the first race and may not be changed or supplemented after the first race. (This offer is available only through the contact form on athletics4u.co.uk and not via Entry Central)

The race is run under UK Athletics Rules and is an England Athletics permit event.

### Entries

There is no additional fee for entering online. Please note that entry fees are non-returnable. There will be no on the day entry; entries close 4 days before the race.

# Registration

Running numbers will be distributed at the event. Race Numbers are not exchangeable and no-one will be allowed to run without one. Please check that your club is correct when collecting your number and on the published list on athletics4u.co.uk.

Numbers MUST be worn on the front of your vest and be visible. Marshal's instructions MUST be obeyed at all times.

Timekeepers are busy. DO NOT attempt to interrupt them while they are working. Results will be published on athletics4u.co.uk as soon as possible and are usually displayed at the meeting.

# **Awards**

The Anthony 'Tony' Lancaster Memorial Award, which has been given to many very successful athletes in the past, honours the best track and field performance by a county senior and or veteran runner. Selection is made by the GAAA Executive Committee. This award goes to the county senior and or veteran athlete putting up the best track performance of the season for 2022.

The Gloucestershire AAA Athletic Achievement Award, is presented to the athlete, official, coach, club officer, county officer or volunteer helper who has achieved something special during 2022 or over a longer period of time. As in previous years the county may recognise both a male and female recipient where both are considered by the meeting to be worthy of the award and where they cannot be separated. Normally however there is only one recipient.

The Bob Hussey Memorial Award, which has been given to many very

successful athletes in the past, honours the best track and field performance by a county young athlete. Selection is made by Pat and

Andrew Hussey. This award goes to the county young athlete putting

up the best track performance of the season for 2022