

South West Champs and Inter Counties 30/07/2023

**Track Events**

Event Code	Time	Event	Age Group
T1	10:30	300mH	U17W
T2	10:40	400mH	U20W/SW
T3	10:45	400mH	U17M
T4	10:50	400mH	U20M/SM
T5	11:00	800m	U13G
T6	11:08	800m	U13B
	11:15	Medal ceremony long hurdles	
T7	11:16	800m	U15G
T8	11:24	800m	U15B
T9	11:30	100m	U13G A & B Finals
T10	11:36	100m	U13B A & B Finals
T11	11:42	100m	U15G
T12	11:45	100m	U15B
T13	11:50	3000m	U15G/U17W
	12:05	Medal ceremony 800m and 100m	
T14	12:05	3000m	U15B/U17M
T14A	12:20	3000m	U20/SW/SM
T15	12:35	300m	U15G
T16	12:40	300m	U15B
	12:45	Medal ceremony 3000m	
T17	12:45	1500m	U13G
T17A	12:52	1500m	U13B
T18	12:59	1500m	U15G/U15B
	13:05	Medal ceremony 300m	
T19	13:05	70mH	U13G A & B Finals
T20	13:20	75mH	U13B
T21	13:25	75mH	U15G
T22	13:35	80mH	U17W
T23	13:40	80mH	U15B
	13:45	Medal ceremony 1500m and hurdles	
Break on Track			
T24	14:00	100mH	U20W/SW
T25	14:10	100mH	U17M
T26	14:20	110mH	U20M/SM
T27	14:30	200m	U13G A & B Finals
T28	14:36	200m	U13B A & B Finals
T29	14:42	200m	U15G A & B Finals
	14:45	Medal ceremony hurdles	
T30	14:48	200m	U15B
T31	14:51	200m	U17W
T32	14:54	200m	U20W
T33	14:57	200m	SW
T34	15:00	200m	U17M
T35	15:03	200m	U20M
T36	15:06	200m	SM
T37	15:10	800m	U17W
T37A	15:14	800m	U20W/SW
	15:15	Medal ceremony 200m	
T38	15:18	800m	U17M
T39	15:24	800m	U20M/SM
T40	15:30	100m	U17W
T41	15:34	100m	U20W
T41A	15:38	100m	SW
	15:40	Medal ceremony 800m	
T42	15:42	100m	U17M A & B Finals
T43	15:50	100m	U20M
T44	15:54	100m	SM
T45	16:15	1500m S/C	U17W/20W/SW
	16:30	Medal ceremony 100m	
T46	16:35	1500m	U17W/U17M
T47	16:40	2000mSC	U20M/SM
T48	17:00	1500m	U20 & Sen M/W
	17:05	Medal ceremony steeplechase	
T49	17:15	300m	U17W
T50	17:20	400m	U20W
T51	17:24	400m	SW
T52	17:28	400m	U17M
T53	17:32	400m	U20M
T54	17:36	400m	SM
	17:45	Medal ceremony 1500/300/400	

**Field Events**

Event Code	Time	Event	Age Group
F1	10:30	HJ	U13G/U13B
F2	10:30	HAMMER	U15G/U15B/U17W/U17M
F3	10:30	LJ	U15G/U15B
F4	11:30	HJ	U15G/U15B
F5	11:30	TJ	U15G/U15B
F6	11:30	SP	U13G/U13B
F7	11:30	DT	U13G/B & U15G/U15B
	11:45	Medal ceremony events F1 F2 F3	
F8	12:30	SP	U15G/U15B
F9	12:30	JT	U13G/U13B
F10	12:30	LJ	U13G/U13B
F11	12:30	HAMMER	U20W/U20M/SW/SM
F12	12:30	PV	All
	12:45	Medal ceremony events F4-F7	
	13:30	Medal ceremony events F8-F12	
F13	13:30	JT	U15G/U15B
F14	13:30	HJ	U17W/M/U20W/M/SW/SM
F15	13:30	SP	U17W/U20W/SW
F16	14:00	JT	U17M/U17W/U20M/SM
F17	14:00	LJ	U20W/U20M/SW/SM
	14:40	Medal ceremony events F13-F15	
F18	14:35	DT	U17W/U20W/SW
	15:10	Medal ceremony events F16-F17	
F19	15:15	LJ	U17W/U17M
F20	15:15	SP	U17M/U20M/SM
F21	15:30	JT	U20W/SW
	15:40	Medal ceremony events F18	
F22	16:15	DT	U17M/U20M/SM
F23	16:15	TJ	U17 & Above
	17:00	Medal ceremony events F19-23	

**Notes**

- All Track Events graded - no Finals.
- Some events may be run as combined age groups.
- 4 Attempts for Junior Field events (U13-U17 inc.).
- 3 Attempts(+3 for top 6) for U20 & Senior Field events.
- Athletes must report 15 mins before event time (45 mins for Pole vault)