

SOUTH WEST SCHOOLS' A.A. CROSS COUNTRY CHAMPIONSHIPS 2026

Exhibition Fields, Exeter – Saturday 7TH February 2026 – First Race 12:30pm



REGISTRATION - EXETER HARRIERS CLUBHOUSE FROM 11am

PARKING AT EXETER ARENA EX4 8NT

DO NOT PARK IN RESIDENTIAL STREETS NEAR THE VENUE

PLEASE NOTE THE VENUE IS A PUBLIC PARK - THERE WILL BE OTHER BONEFIDE USERS ON SITE
PLEASE DISPOSE OF ALL RUBBISH IN THE BINS ON SITE OR TAKE AWAY WITH YOU

INDIVIDUAL/TEAM PRESENTATIONS WILL TAKE PLACE IMMEDIATELY AFTER EACH RACE

RUNNERS PLEASE NOTE:-

ALL RUNNERS SHOULD REPORT TO THE PRE-START HOLDING AREA 5 MINUTES BEFORE THE SCHEDULED START TIME OF THEIR RACE

RACE NUMBERS MUST BE SECURELY ATTACHED WITH 4 SAFETY PINS TO THE FRONT OF ATHLETE'S RUNNING VEST.

ALL COMPETITORS ARE ADVISED TO WALK THE COURSE BEFORE THEIR RACE – THE COURSE IS CLOSED FROM 12:30pm

RECOMMENDED SPIKE LENGTH Minimum 12mm

Race Referee:
Keith Reed (Devon)

PLEASE DO NOT CROSS THE RUGBY PITCHES

WARM UP AREAS



FINISH

PA

PRESENTATIONS AND RESULTS

COUNTY TEAM BASES

START PENS

PLEASE DO NOT CROSS THE RUGBY PITCHES

ROUTE FROM RACE REGISTRATION AND MAIN CAR PARK



TOILETS



= Course Crossing Points

RACE TIMETABLE

Time	Age Group	Route	Distance	Start Pen order from 1 - 7
12:30	Minor Girls	Start-ABCDF-AB-Finish	2680m	Corn Dev Dor Som Avon Glos Wilts
12:50	Minor Boys	Start-ABCDF-AB-Finish	2680m	Dev Dor Som Avon Glos Wilts Corn
13:10	Senior Girls	Start-2xABCDF-AB-Finish	4110m	Glos Wilts Corn Dev Dor Som Avon
13:30	Junior Girls	Start-ADF-ABCDF-AB-Finish	3220m	Som Avon Glos Wilts Corn Dev Dor
13:50	Junior Boys	Start-ADF-ABCDF-AB-Finish	3220m	Avon Glos Wilts Corn Dev Dor Som
14:15	Inter Girls	Start-ADF-ABCDEF-AB-Finish	3550m	Glos Wilts Corn Dev Dor Som Avon
14:35	Inter Boys	Start-ABCDF-ABCDEF-AB-Finish	4760m	Wilts Corn Dev Dor Som Avon Glos
15:00	Senior Boys	Start-ADF-2xABCDEF-AB-Finish	6240m	Corn Dev Dor Som Avon Glos Wilts