Gloucestershire AAA (GAAA) Cross Country Relay Team Championship rules 2027

Rules

1. Competition held under UKA Rules of Competition

Age Groups

1. Teams exist for Boys/Men and Girls/Ladies for the age categories Under 14, Under 16, Under 18, Under 20, Senior and Masters. Medals will be awarded to the winners in 1st, 2nd and 3rd places for each age category where all 4 legs have been run.
2. Runners must be a First Claim member of their club and be registered with UKA.
3. Runners must wear their club vest.
4. Runners eligible for the Masters team must be aged 35 or over on race day. All other runners must adhere to the UKA rules with regard to age category eligibility.
5. Clubs not associated with GAAA may take part in the competition, but as guests, will not be eligible for championship awards.

Registration

1. Team managers must be appointed who will provide the competition internet entry system with the number of teams for their specific age category and provide a list of names for that age category from whom the eventual team(s) will be declared. Names cannot appear in more than one age category list other than the Senior list which may also accept Masters, Under 20, Under 18, and Under 16 runners.
2. On race closure, team managers will be sent an email which will give access to a Google Sheet. On this spreadsheet, the team manager must declare their teams from the list of names they provided the entry system. A leg number (1 to 4) must be denoted alongside the appropriate runner's name. After a short period of time the spreadsheet will only be viewable.
3. On race closure, no additional club teams will be permitted.
4. A team can only be declared from those runners provided by the team manager in the entry system.
5. A runner can only race for one team.