

**Promoted by Severn AC**  
**4 » 2 Mile Open Cross-Country Relays DATE 30.9.2006**  
**Incorporating Gloucestershire County Championships. Plock Court,**  
**Gloucester**

**4 x 2 Miles (Senior/Vet 40/Ladies/LV35)**

- 1 Bristol & West 37.59**  
Iain Stuart 10.00 Craig Peters(U20) 9.08 Dean Mallet 9.27 Mike O'Doherty(V40) 9.24
  - 2 Stroud & District "A" 38.83**  
Matt Withey(U17) 9.14 Tom Russell 9.09 S Duffy 9.45 James Totterdell(U20) 9.55
  - 3 Bristol & West "B" 38.04**  
Jon Wills 9.13 Oli Moet 9.13 Jerry Hogan 10.21(V45) 10.21 Alex Wood 9.17
  - 4 Halesowen "A" 38.09**  
Oliver Holden 9.32 Nick Hazelwood 9.37 D Turvey 9.35 Will Nock 9.25
  - 5 Cheltenham & County(Non-scoring) 38.32**  
Jeremy Bradley 9.26 Russell Forsbrook 9.40 Jeremy Bradley 9.33 Russell Forsbrook 9.53
  - 6 Severn "A" 39.07**  
Peter Stephens 9.34 Josh Lilly 8.49 Dave Lander(V40) 10.10 Stewart Lynas 10.25
  - 7 Bristol & West "C" 41.21**  
Charlotte Coffey(L) 10.41 Vicky Foster(L) 11.24 Jon Wills 9.56 Oli Moet 9.10
  - 8 Tewkesbury & District 41.41**  
Andy Hawkins 10.30 Clive Sentence(V40) 10.27 Jon Mansfield 10.27 Simon Hall 10.17
  - 9 Stroud & District "A" 41.56**  
Carl Frapwell(U17) 10.25 Jordan Frapwell(U15) 11.37 Tom CunO'15) 10.20 Tom Russell 9.34
  - 10 Gloucester 42.14**  
Luke Herbert 9.53 Lee Smith 10.51 Tom Randles 10.34 Mark Ingram 10.56
  - 11 Stroud & District Vet 40 45.07**  
Chris Brown 11.09 Chris Frapwell 10.20 Geoff Trueman(V55) 12,12 Gordon Russell(V45) 11.26
  - 12 Halesowen"B" 45.09**  
Mark Hayward(U20) 10.38 Andy Lloyd 11.32 P Allen(V55) 11.40 S Millington(V40) 11.19
  - 13 Gloucester Vet 40 45.11**  
Bill Griffiths(V45) 10.54 Jeremy Mower 10.31 P Loveridge 13.11 Ian Summers 10.35
  - 14 BourtonRR Vet 40 45.28**  
Dennis Walmsley 9.42 Andy Powell 12.51 Peter Scarrott 11.52 Steve Humphries 11.03
  - 15 Severn Vet 40 46.28**  
Andy Brown(V45) 11.59 John Holland(V45) 11.18 Gary Barnes(V45) 11.58 Martin Gribble(V50) 11.16
  - 16 Severn Ladies 48.02**  
Sian Lewis 10.52 Pauline Barnes (V40) 14.48 Jo Fletcher 11.12 Sian Lewis 1120
  - 17 Severn "B" 49.08**  
Jason Gresswell 11.16 Adam Watters(U15) 12.06 Roger Manning 12.13 Dave Blackburn(V60) 13.25
  - 18 Bourton R R Ladies 50.40**  
Lucy Walmsley 10.57 Kate Hall(V35) 12.49 Lynn Spedding(V45) 14.04 Alison Lane(V45) 12.50
  - 19 Tewkesbury & District Ladies 51.41**  
Angie Sadler(V45) 11.38 Charlotte Mowbray 13.29 Carol Cowley(V55) 13.27 Cathy Dudfield(V35) 13.07
  - 20 University of Gloucestershire 52.28**  
Clare Moran(L) 13.38 Michelle Merrett(L) 13.11 MikeTarn 12.23 Philip Brown 13.16
  - 21 Angels Ladies Vet 35"A" 55.89**  
Debbie Lee 13.42 Sharon Nash 13.40 Debbie Southgate 14.40 Jenny Hawkins 13.57
  - 22 Angels Ladies Vet 35 "B" 57.51**  
Jo Walters 14.00 Jane McGill 14.11 Julia James(V40) 15.13 Nickie Wong 14.24
- Incomplete Cheltenham & County "B" James Miller 10.16  
Severn "C" Mike Anderton 15.14

**3 x 2 Miles (Veterans 50/60)**

- 1 Gloucester 34.05**  
Keith Short 10.59 Arthur Daley(V55) 11.22 Dave Spackman(V60) 11.44
- 2 Dursley & District 35.01**  
Graham Hawkins 11.46 Trevor Lewis 11.34 Chris Ashworth 11.41
- 3 Bourton RR 38.31**  
Norman Lane(V60) 12.47 Chris Bence 13.41 Tony Goodwill 12.03
- 4 Severn 38.52**  
John James(V55) 13.01 Dave Buckle(V55) 12.16 John Capener 13.40
- 5 Bourton R R Vet 60 41.02**  
Mick Morris 14.16 Graham Farren 14.30 Norman Lane 12.16

### **Fastest Laps**

<b>Senior</b>	Josh Lilly (Severn)	08.49
<b>Vet 60</b>	Dave Spackman (Glos)	11.44
<b>Vet 55</b>	Arthur Daley (Glos)	11.22
<b>Vet 50</b>	Keith Short (Glos)	10.59
<b>Vet 45</b>	Jerry Hogan (Bristol)	10.21
<b>Vet 40</b>	Alex Woods (Bristol)	09.17
<b>U20</b>	Craig Peters (Bristol)	09.08
<b>U17</b>	Matt Withey (Stroud)	09.14
<b>U15</b>	Tom Curr (Stroud)	10.20

<b>Ladies</b>	Chartotte Coffey (Bristol)	10.41
<b>LV35</b>	Kate Hall (Bourton)	12.49
<b>LV40</b>	Pauline Barnes (Severn)	14.40
<b>LV40</b>	Pauline Barnes (Severn)	14.40
<b>LV45</b>	Angie Sadler (Tewkesbury)	11.38
<b>LV50</b>	Debbie Sowthgate (Aygels)	14.40
<b>LV55</b>	Carol Cowley (Tewkesbury)	13.27

### **Gloucestershire County Championships**

**Senior** 1 Stroud "A"    2 Severn -A"    3 Tewkesbury

**Vet 40** 1 Stroud "A"    2 Gloucester    3 Bourton

**Vet 50** 1 Gloucester    2 Dursley    3 Bourton

**Vet 60** 1 Bourton

**Ladies** 1 Severn    2 Bourton    3 Tewkesbury

**LV35** 1 Angels "A"    2 Angels "B"